

## Registration Information

Please register through our online system:  
<https://dancestudio-pro.com/online/cupsdance>  
or visit  
[www.westsideminiesturlock.com](http://www.westsideminiesturlock.com)  
for more information.

## Cost

Registration Fee is due upon enrollment.

Tuition cost must be paid in full at the start of each week.

Payments can be made online through the parent portal once an account is created, via PayPal, or in person at the front desk.

Checks can be made payable to:  
Westside Ministries

A \$25.00 fee applies for returned checks.

\$20 Summer Registration Fee

Cost includes dance classes for one week  
(Ballet/Electives):

\$35 - per student (Westside School District only)

\$70 per student (Non-Westside School District)

\*Additional costs for Aerial and Piano classes.

**Meals will not be provided this year as our kitchen will be under construction. Please have students bring their own snacks or sack lunch (if attending Intermediate/Advanced Intensive or Piano and Dance).**

*Equipping the saints, impacting the nations for generations to come.*

## Dress Code

- Loose fitting CUPS T-shirt over leotard.
  - Black leggings.
- Ballet shoes for ballet. Sneakers for Hip Hop. Folklorico shoes for Ballet Folklorico.
  - Hair pulled securely back.
- No jewelry, watches, hats, bandannas.
  - No cell phones or electronics.

## Expectations

- Be at every class/picked up on time.
- Follow all rules of WSM/CUPS
  - Follow CUPS Dress Code
- Respect WSM/CUPS staff, volunteers, & peers
- Always give your all! Never say, "I can't".

## Location

CUPS is located in building B behind  
Westside Ministries main building located at 950  
Columbia St.

## Vision Statement

CUPS is a ministry of Westside Ministries dedicated to training up children, youth and adults to become skillful worshipers of Christ through the creative arts.

Westside Ministries is a ministry dedicated to teaching the gospel of Jesus Christ to the families of the Westside, sharing the plan of salvation with them, and discipling those who commit their lives to Christ. The ministry provides social and education services to enable the hearing of the gospel and to equip young people to become leaders in a renewed community of hope and fulfillment.

For the safety of the dancers, CUPS does not allow parents or visitors to watch classes.

## guest artists.



(Technique/Lyrical/Hip Hop/Tribal Funk/Old School - Week 2) A native Texan, Misty Rascon-Smith has been professionally working in the dance industry for over 20 years. She has had the opportunity to work various areas of this competitive industry, including music videos, commercials, television/ live performances, and even print. She has worked with numerous recording artist such as: Natasha Beddingfield, Janelle Monae, Vanessa Hudgens, Kirk Franklin, Christina Aguilera, Pink, Britney Spears, Snoop Dogg, and Daniel Powter just to name a few. Her extensive dance training, including ballet, tap, jazz, contemporary, salsa, hip hop, and more, has enabled her to balance commercial work with concert work (European tour with Instincts Live Media Dance). Her ability to instruct all levels and numerous genres of dance has enabled her to instruct for the following: Edge Performing Arts Center, Debbie Reynolds's, Word In Motion's Urban Dance Festival, Project Dance New York, and various intensives and master classes across the United States. She currently teaches for Dance Revolution, a well respected faith based dance convention, as well as co-directs Coretek-LA Art Center and the Word In Motion Discipleship Program. Misty is an innovator in all ways and has created her very own style "Tribal Funk". She has developed something that many describe as a movement that impacts people through dance, music, and clothing. Her various styles of choreography and classes have been described as challenging, yet inspirational. Since Ms. Rascon-Smith discovered the meaning and purpose of her dancing and choreography, she is devoted to challenging and encouraging others to do the same in both life and dance. She claims that both her husband, Joseph, and son, Tymin, have taught her the importance of giving in all areas whenever possible. "Always invest and be great at what you do, never forgetting the greatest investment will be in the people you encounter."



(Technique/Modern/Hip Hop - Week 3) Abigail DiGrazia began her dance training at the age of 4 at Backstage Dance Academy in Turlock, CA. At the age of 6 she started her journey with Center for Urban Performance and Service (CUPS) where she trained for 16 years in all disciplines including ballet, tambourines, flags, jazz, hip hop, tumbling and aerial. Abigail graduated from CSU Fullerton (CSUF) with a bachelors degree in Dance where she studied different styles of Modern including: Horton, Graham-based, and Limonbased. During her time at CSUF Abigail trained under faculty such as: Alvin Rang, Alvarado, Lisa Long-Dravosovich, Gladys Karas, Courtney Osevek, and Muriel Joyce. At CSUF Abigail had many opportunities to work with guest artist such as: Nancy Colahan, Joshua Romero, and Leslie Scott. She has had the privilege of performing at the American College Dance Association Festival, with Modesto Junior College and CSUF. She currently resides in Los Angeles, California where she teaches dance at Crete Academy in South Central, LA. Abigail is currently training in more commercial styles such as Jazz Funk, Heels, Hip Hop, Dancehall and Popping. She performed in Rob Rich's Flygirls 2020 right before the start of the pandemic. Since then Abigail has worked on concept videos for EJ Hoffman, Misty Rascon-Smith and Amber Alonso. She is continuing her training under Kolanie Marks, Antoine Troupe and Larke Hasstedt. Abigail recently was added to the Troupe Dance Company.



(Modern/Aerial/Technique/Lyrical - Weeks 1-3) Luis Isordia is an inspiring artist from the Central Valley of California. With over 12 years in the dance industry, he finds passion, innovation, and creativity in all of his work. He has had the opportunity to work in this industry in its many forms including live performance, virtual performance, as well as in the film aspect. Within his experiences, he has learned not only about the technical, but also the mental and emotional. The work that he has put forth into the industry has changed his mindset on what true artistry is, pushing himself to be bolder with each opportunity. Luis got his start at Center for Urban Performance and Service in Turlock CA, it was here that he found his passion for teaching. Being devoted to helping shape a generation of young artists, Luis finds passion in giving young children the opportunity to find their creative gifts. Currently, Luis is a dancer at San Jose State University studying to receive his Bachelors of Fine Arts. It is at SJSU that Luis has had the opportunity to work with phenomenal professors, and has performed repertory work by renowned choreographers Doug Varone, Mike Esperanza, Camille A. Brown, and Jose Limon. Apart from dance, he has also found a passion training as an aerialist being trained by Kat Hughes, Irina Rose Jang, Rebekah Leach, and Chloe Axelrod. He recently received his aerial certification from Jill Franklin of Aerial Physique. Luis shares all of his success with his family, friends, students, mentors, and God. He believes that the love and support endlessly given to him has allowed him to keep pushing forward even in the most difficult times. For Luis, dance is a gift, he only wishes to share this gift with the world.



(Ballet Technique/Pointe/Leaps and Turns/Pre Pointe- Week 1 and 3) Hilary Smith Callis was born in Turlock in 1980 and began dancing not long after. After developing a strong love for ballet as a child, she went on to spend four seasons as a member of Bravo! Repertory Dance Theatre/Central West Ballet before moving away to study Greek & Latin in college. Hilary has never met a form of dance she didn't love, and has also practiced Capoeira and performed with Greek dancing groups in Los Angeles. After raising her two children to school age, she has returned to ballet and is thrilled to be teaching at both Juline School of Dance and CUPS and sharing her love for dance with others.



(Ballet Folklorico - Week 1) Brenda Ruiz was born in Michoacan, Mexico and raised in Bakersfield, CA. She started dancing folklorico when she was 6 years old at her local church for Grupo Folklorico St. Augustine. Since then, she has garnered much experience dancing and touring internationally with Freson's Teocalli Cultural Academy. She became the director of Grupo Folklorico St. Augustine in 2016 and in 2018 her group participated in their very first folklorico competition placing first in the high school category. Brenda has always believed that we should always remember where we come from, and what better way than expressing your culture, heritage and values through the beauty of dance.



(Creative Dance age 3-4 - Week 2) Allison Combs started dancing at the age of 10 in Turlock. She quickly loved it and danced throughout high school. After graduation she discovered Center for Urban Performance and Service (CUPS) and it was there that she learned how to use dance and a form of worship. It was after her training there that she realized the call on her life: to spend her life praising the Lord and teaching others how to do the same. She continued to dance and learn at YWAM for a summer and then took what she had learned and started teaching dance classes at her church. She started Masters Dance Studio and has taught worship ballet for the last 7 years. She has also assisted with choreography for the Ceres high school musicals for the last several years. Her magnetic style of teaching captivates young children and keeps them engaged while cultivating a heart of worship.



(Ballet Age 3-4, Kinder/1st Grade, 2nd-4th Grade - Weeks 1-3) Nicole Johnson began dancing at C.U.P.S. at an early age. She has trained under instructors including Coleen Patterson, Misty Rascon-Smith, Kat Hughes, Noe Rios, Mookie, Abigail DiGrazia, Kylene Murphy and Estrella Isordia, to name a few. To date, Nicole has attended worship conferences such as Azusa/The Call and Word in Motion in L.A. to increase her knowledge of using the arts for worship. Her extensive training in Ballet, Tambourines, Flags, and Aerial allows her to excel as an artist in an atmosphere of worship. She currently attends CSU Sacramento as a pre-social work major in hopes to serve the families and provide hope. Her love for children and desire to instill in them a passion for dance worship makes her classes fun and invigorating for all ages.

# SUMMER 2022

# DANCE & PIANO LESSONS



a ministry of Westside Ministries

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Turlock, CA 95380

[www.westsideminiesturlock.com](http://www.westsideminiesturlock.com)

# dance.

3 Weeks - June 13-30 (M-TH)

Students will take a 45-75 minute (depending on age) technique class followed by elective class(es) of their choice. Each class begins with a short devotional and prayer. Students in Kindergarten-1st grade will have one elective. Students 2nd grade and up can pick up to two electives (depending on age).

Week 1: Folklorico/Ballet Electives

Week 2: Hip Hop/Lyrical Electives

Week 3: Hip Hop/Modern/Tambourine & Flag Electives

## Schedule (All Beginning Dancers)

\*Subject to change depending upon amount of students enrolled. A calendar will be available upon enrollment.

**Monday-Thursday Pre School-Adult**  
11:30am-12:15am Age 3-4 Creative Dance  
12:15pm-1:00pm K-1st Grade Ballet  
1:00pm-1:30pm Elective K-1st Grade  
1:30pm-5:00pm Beginning students 2nd grade-Adult (Technique + 1 or 2 Electives)

In addition to Ballet Technique (Subject to change):  
Electives Week 1: Folklorico, Leaps/Turns  
Electives Week 2: Lyrical, Hip Hop, Old School, Tribal Funk  
Electives Week 3: Hip Hop, Modern, Leaps/Turns, Tambourines, Flags, Parade Practice



# folklorico . piano.

Week 1 - June 13-16

Join us for a week of folklorico instruction with some of the Valley's top folklorico instructors. Students will learn dances from various regions including Jalisco, Sinoloa, Baja, and Vera Cruz. Students entering Kindergarten/1st grade will be able to take one 45 minute class after their ballet class. Students entering 2nd grade and up will learn up to two different regions after their technique class.



CUPS Folklorico Dance Director: Estrella Isordia (Pictured on right)

3 Weeks - June 13-June 30 (M-TH)

Piano classes are offered to ages 7 and up virtually through Kat Hughes of Katz Keys. Students who are currently enrolled in Piano will continue throughout the summer in their regular scheduled class. A virtual piano recital is planned for June 23 through Katz Keys. New students can take a three week intro course beginning June 13.

### Continuing Piano Students from Spring

Monday 4:45-5:30pm All Intermediate  
Wednesday 6-6:45pm Int Piano  
Thursdays 5:30pm-6:15pm Pre Piano (June 16-July)

### New Students (June 13-June 30 M-TH) Trial Class

Monday-Thursday 11:15am-12:15pm

Piano lab will be open throughout the day M-Th. Students can also log in from home.

## Virtual Recital July 23



KatzKeys Info: Kat was born and raised in the Philippines. She has over 30 years of experience playing Piano and is dedicated to exploring music through the piano. She resides in North Hollywood with her husband (and cats) where she teaches virtually out of her home. Her credentials

in the music industry include winning competitions, performing her own 2 hour piano concert with her colleague, and a nomination for Dean's Award for Music in Piano at the prestigious Ateneo De Manila University.

Piano Class Cost: \$35 (Westside School District Rate)  
\$70 (Non-Westside Rate) (if not enrolled in dance)  
Additional \$10 (if enrolled in dance)  
Registration Fee New Students (no dance): \$20

Piano students are required to:

1. Attend all classes.
2. Download Tonora App and use for practice.
3. Practice 30 minutes daily.
4. Send Kat recordings of practice sessions.
5. Notify the office if absent or pay a missed class fee.
6. Give a 30 days notice if dropping or pay the \$80 monthly charge that the ministry is charged by Katz Keys.

Visit <https://katzkeys.com> for more information.

# aerial.

3 Weeks - June 13-30 (M-Th)

Aerial silks, rope, and lyra training are offered to students at least 12 years of age and older who qualify. CUPS students who are eligible for this program will be invited by CUPS staff to attend an assessment. All students who inquire about aerial must pass a strength/flexibility assessment before they are able to register for this program and provide documentation of a sports physical. They also must be enrolled in Ballet classes (at CUPS) or the equivalent of at another Ballet school. CUPS has the right to refuse participants for this program for insurance and safety purposes. Only 4-6 total students will be allowed in each level. CUPS students have priority.

## Schedule (Projected and subject to change)

1:30pm-3:00pm Intermediate/Advanced Aerial  
3:30pm-5:00pm Pre/Beg Aerial

Students must be available to train during the off season as well. Level to be determined by CUPS staff. (Please note that CUPS students who qualify for aerial may not be able to take other electives due to timing of class.)

Cost: \$50 (WS students) \$100 (non-WS students) in addition to Dance tuition. Additional cost will apply for July classes (\$10 per class).

## Intermediate/Advanced Intensive

Professional and Pre Professional artists are brought in every year to equip intermediate to advanced level dancers with skills that will help them advance in their technique while challenging them to grow spiritually in their relationship with the Lord. Dancers who enroll in the Int/Adv intensive must be pre approved by CUPS staff, be able attend 90% of all classes, and complete a weekly Bible study. This program is designed to disciple those who desire to use their gifts to serve in the future either in ministry or the professional dance industry.

\*Invitation only for dancers currently enrolled in CUPS programming. All other dancers call CUPS for qualifications.

June 13-16, 27-30 ~ Ballet/Electives (M-TH)  
June 20-24 ~ Technique/Lyrical/Hip Hop  
Time: 9:45am-5pm

\*Detailed schedule given upon enrollment.

Eat breakfast before attending.  
Bring your own sack lunch.

Qualifications: Int Technique and above, good behavior, positive role model, complete required Bible study, 90% attendance.

## Int/Adv Dress Code



### Girls:

- Modest leotard with at least a 2" strap
- Tight fitting shirt over leotard (cannot show chest or back)
- Dance pants or leggings (capri length - must show ankles)
- Transitional Ballet tights
- Loose fitting T-shirt or covering (For electives/meal time)
- Ballet shoes/correct dance shoes according to class
- Hair in a ballet bun.

### Boys:

- Tight fitting T-shirt (cannot show stomach)
- Dance pants or sweats (no pockets)
- Black ballet shoes/correct dance shoes according to class.